

EC Regulation n° 561/2006 and n° 1073/2009: driving and rest time for drivers engaged in passenger road transport.

1. **Daily driving time:** shall not exceed nine hours, and may be extended to at most 10 hours not more than twice during the week;
2. **Weekly driving time:** max 56 hours;
3. **Driving time during two consecutive weeks:** max 90 hours;
4. After a driving period of four and a half hours a driver shall take an uninterrupted break of not less than 45 minutes, or a break of at least 15 minutes followed by a break of at least 30 minutes each distributed over the period;
5. **Regular daily rest period:** at least 11 hours or two rest periods of 3 + 9 hours;
6. **Reduced daily rest period:** at least 9 hours but less than 11 hours; the driver may have at most three reduced daily rest periods between any two weekly rest periods;
7. Within 30 hours of the end of a daily or weekly rest period, a driver engaged in **multi-manning** must have taken a new daily rest period of at least nine hours;
8. **Regular weekly rest period:** at least 45 hours, after no later than at the end of six 24-hour periods from the end of the previous weekly rest period;
9. **Reduced weekly rest period:** at least 24 hours. The reduction shall be compensated by an equivalent period of rest taken en bloc before the end of the third week following the week in question;
10. **Derogation of 12 days:** in case of occasional service of international transport of passengers (at least 24 consecutive hours in another country), the driver may postpone the weekly rest period for up to 12 consecutive 24-hour periods following a previous regular weekly rest period;

After the use of the derogation, the driver takes either two regular weekly rest periods (tot. 90 hours) or one regular weekly rest period and one reduced weekly rest period of at least 24 hours=69 hours. However, the reduction shall be compensated by an equivalent period of rest taken en bloc before the end of the third week following the end of the derogation period.

The driver cannot have reduced weekly rest periods during two consecutive weeks.